# Life Fitness 9100 Series Heartrate and Telemetry Equipped Treadmills How To...REMOVE AND REPLACE THE STRIDING BELT

Tools Required: Standard screwdriver, hex key wrench set, socket and ratchet set

## CAUTION: DO NOT REMOVE OR LOOSEN THE FRONT ROLLER WHENEVER REMOVING OR INSTALLING A NEW OR EXISTING STRIDING BELT.

#### Step 1

Turn the power OFF at the switch and by unplugging the unit at the electrical outlet.

#### Step 2

Separate the FRONT and REAR FRAME ASSEMBLIES ("See How To...").

#### Step 3 (Figure 1)

Remove the two BELT TENSIONING BOLTS and WASHERS from the REAR ROLLER.

#### Step 4 (Figure 1)

Remove the two SCREWS securing the left side ROLLER GUIDE BRACKET in position.

#### Step 5 (Figure 1)

Remove the SCREW and PINCH CLEAT from the left side of the DECK.

#### Step 6 (Figure 1)

Remove the SCREW and WASHER securing the TOE GUARD to the left side of the FRAME. Loosen, but do not remove, the SCREW and WASHER securing the TOE GUARD to the right side of the FRAME.

## Step 7

Lift the REAR ROLLER up, forward and to the left to completely remove it from between the FRAME and the STRIDING BELT.

## Step 8

With the REAR ROLLER removed from the unit, tilt the REAR FRAME ASSEMBLY on to its right side.

## Step 9 (Figure 2)

Unhook the top SPRING of the ANTI-STATIC CORD on the outside of the STRIDING BELT and allow it to drop to the floor.

### Step 10 (Figure 2)

Manuever the worn STRIDING BELT over the FRONT ROLLER and the rear of the FRAME. Install the new STRIDING BELT while taking special care to insure the ARROWS stamped on the underside of the BELT point in the direction of machine rotation. If the STRIDING BELT bears the Lifestride Logo it should be readable to a person using the treadmill for proper rotation.

#### Step 11

Reverse Steps 1 through 10 to return all parts to their proper position. (Do not reinstall the REAR FRAME CAPS at this time unless they are equipped with BELT TENSIONING BOLT access holes).

#### Step 12

Adjust and tension the STRIDING BELT (See "How To...).

Continued

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